



# Day care for adults?

Caring for an adult or elderly relative can be overwhelming... sometimes you just need time for yourself. Pleasant Valley Adult Day Centers can help. Our dedicated staff will pick up and drop off your loved one, give them healthy meals and provide a full day of activities they can enjoy with their friends. Best of all, it's affordable—just ask us about the funding options we have available.

***Try it, free.***

***Call today and be our guest for one full week.  
Financial assistance available.***

Pleasant Valley  
Adult Day Centers  
Spotswood | Holmdel  
732.888.4567  
[www.PleasantValleyAdultDayCenter.com](http://www.PleasantValleyAdultDayCenter.com)

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